

WaterRower Model Comparison & Room-Planning Checklist

A planning worksheet to use alongside our WaterRower Model Buying Guide. It is based on specifications published by Fitness Options and WaterRower at the time of writing, and is intended to help you record your own space and preferences before buying. It is not a record of product testing, and it is not a substitute for measuring your own room or confirming current specifications with the retailer.

Full buying guide: <https://fitnesstoolsreviewed.com/equipment-reviews/waterrower-model-buying-guide-original-a1-metallic-hirise-lorise/>

Verified specifications (checked 1 August 2026)

Spec	Original Series	A1	Metallic Hi Rise	Metallic Lo Rise
Price	GBP 1,199	GBP 899	GBP 1,999	GBP 1,899
Frame material	Hardwood, Danish oil finish	Oak hardwood, Danish oil finish	Powder-coated aluminium	Powder-coated aluminium
Monitor	Series IV monitor	A1 LCD monitor (basic)	S4 Bluetooth monitor	S4 Bluetooth monitor
Seat height (as listed by Fitness Options)	Not stated separately	Not stated separately	51cm	25cm
Size in use (L x W x H)	209 x 59 x 49cm	215 x 56 x 53cm	222 x 39 x 70cm	222 x 39 x 51cm
Storage	Stands upright for storage	Stands upright for storage	Can be stood on end	Can be stood on end
Warranty (as listed by Fitness Options)	5yr frame, 3yr parts	2yr frame, 3yr parts	5yr frame, 3yr parts	5yr frame, 3yr parts
Max user weight	Not stated on listing	150kg (23.5 stone)	Not stated on listing	Not stated on listing
Delivery	Two-man delivery	Two-man delivery	Two-man delivery	Two-man delivery

Figures are Fitness Options' own published listing details, checked 1 August 2026. WaterRower's own specification pages show slightly different seat-height and dimension figures in places; where the two sources disagreed we have used the retailer's own listing here, since that is the specific unit sold through the link on this page. Always confirm current price, stock and dimensions with the retailer before ordering.

How to use this checklist

1. Measure your room first.

Measure the space you actually have, both for using the rower and for storing it if it will not stay upright permanently. Compare your measurements against the table above rather than the other way round.

2. Decide what seat height actually helps you.

The Metallic Hi Rise and Lo Rise differ mainly in how high the seat sits. Think about who will use it and whether getting on and off a low seat is a genuine issue for them, not just a spec on paper.

3. Check monitor and finish preferences.

The Original Series and A1 use simpler monitors than the Bluetooth-enabled Metallic range. Decide whether app connectivity matters to you before price alone decides it.

4. Confirm price, stock and delivery access, then decide.

Prices and stock move. Confirm both directly with the retailer, check that two-man delivery is workable at your address, and record your final decision on page 2.

Your Room and Model Worksheet

Fill this in before you buy. Measure your own space rather than estimating it, and re-check the model's current price and stock with the retailer before ordering.

Available floor space (length x width, in use)

Available stored/storage space (if not stood upright permanently)

Seat-height preference (standard / Hi Rise 51cm / Lo Rise 25cm) and why

User access considerations (mobility, getting on/off, multiple users' heights)

Model and price at time of ordering

Included monitor (does it meet your needs, e.g. Bluetooth/app tracking)

Finish/material preference (wood species or aluminium finish)

Delivery and assembly considerations (two-man delivery access, installation service, who will assemble it)

Final model decision

This worksheet is a planning aid produced by FitnessToolsReviewed.com using publicly available specifications. It does not constitute independent product testing, and it is not a personal recommendation for your specific circumstances. Prices, stock and specifications change; confirm current details with the retailer before ordering.

FitnessToolsReviewed.com

<https://fitnesstoolsreviewed.com/equipment-reviews/waterrower-model-buying-guide-original-a1-metallic-hirise-lorise/>